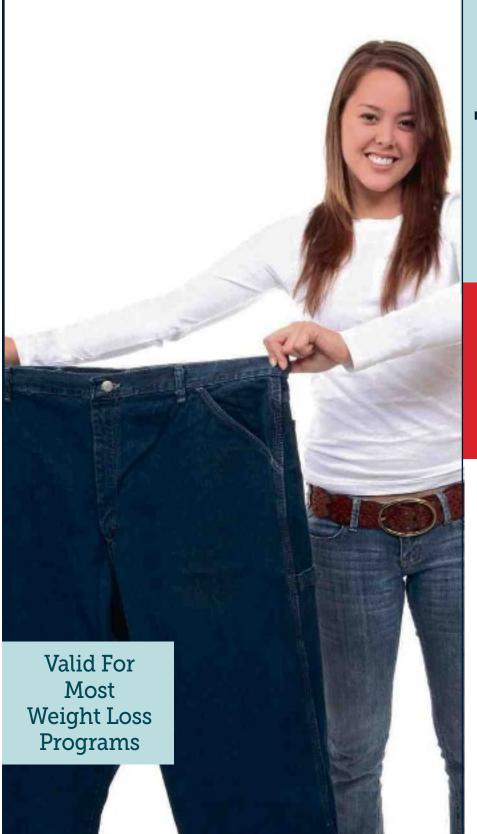


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Ittawa his country youngest-ever president metroNEWS

Your essential daily news | monday, may 8, 2017

High 5°C/Low -1°C Thankfully, no rain



More than 800 people forced from homes on both sides of **Ottawa river**



Residents on both sides of the Ottawa River tried desperately to save their homes and those

of their neighbours from flooding, as water levels continued to rise Sunday.

In Cumberland, on the east side of Ottawa, Glen Roberts and his wife Catherine McKenzie Roberts came back Sunday to help their neighbours, after being forced to leave their home early Saturday morning.

Roberts had spent two days putting sandbags around his home and raising his appliances off the ground onto milk crates, but it wasn't enough.

"It's just hitting me that I'm

homeless. I'm a homeless person," McKenzie Roberts said, explaining that she and her husband had just finished renovating their kitchen and installing new appliances, now the kitchen is filled with six inches of water.

"We just did it. That's the thing. If it had been 10 years or something, then it would have been OK I want a new kitchen anyway, but that's not the case."

Across the national capital region, nearly 850 people have evacuated their homes since

Tuesday, including 741 people in Gatineau.

The flooding has affected more than 500 homes.

Gatineau has been the hardest hit and military personnel have been deployed to help. By Monday, 80 personnel will be in place helping with the emergency efforts.

Gatineau city officials said Sunday that dozens of streets remain closed and more than 183,000 sandbags have been distributed in the last week.

According to Environment

and Climate Change Canada, more than 100 mm of rain has fallen in the region since May 1.

The federal government has advised its employees working in Gatineau to stay home due to the flooding.

The Treasury board issued a statement late Sunday afternoon stating that anyone who uses interprovincial bridges to get to work or works in Gatineau at all should work from home on Monday.

Meanwhile, on the Ottawa

side, flooding has affected Britannia, Cumberland, Constance Bay, Dunrobin, Fitzroy Harbour and MacLarens Landing.

Ottawa activated its emergency operations centre over the weekend and fire crews were helping with evacuations in several parts of the city.

The Ottawa River Regulation planning board, which monitors water levels, estimated that the river would hit its peak sometime late Sunday or early Monday.



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ALGONQUIN

Your essential daily news

82 Chibok schoolgirls freed in exchange for Boko Haram prisoners. **World**

Thousands volunteer to help Ottawa flood victims

WEATHER

Stories emerge of neighbours' extraordinary good deeds



Alex Abdelwahab Metro | Ottawa

In Constance Bay, in Ottawa's west end, resident Melissa Lepage was among more than a dozen people working hard to stack sandbags around a neighbour's house, even using a canoe to transport sandbags across the flooded lawn.

Lepage had been forced to evacuate her own home across the street Friday night, along with her husband, three of her five kids who still lived at home, her mother, three dogs and two cats.

"We lost everything downstairs. We couldn't keep up with it. The water was just coming up," Lepage said, adding the insurance company has already told her family it won't cover the damages. "We're living paycheque to paycheque. We won't have money to fix the house."

She is staying with a cousin in Kempville, but has been back every day to help neighbours try to save their homes.

"Our priority is not our home anymore. It's other people," she said.

In Gatineau, more than 1,500 volunteers came out Sunday to fill sandbags at the Campeau arena. While in Ottawa, there were dozens of volunteers at three incident



Melissa Lepage stands in front of her now flood damaged home. Despite losing her own home to flood waters, she remains in her neighbourhood helping protect her neighbours. ALEX ABDELWAHAB/METRO



We like to instil being a community helper and how, when we do one good deed for someone, they'll do it for us one day. Michelle Belanger

commands

On Trim Road, in Orleans more than 30 people were out

with their families filling sandbags for residents in Rockland, more than 15 kilometres away. After reading Facebook posts asking for volunteers, Michelle Belanger brought her husband and 10-year-old daughter to fill up sandbags.

"We like to instil being a community helper and how, when we do one good deed for someone, they'll do it for us one day."

Miled Haddad owns a tow-

ing company in Orleans. On Sunday, he borrowed a 21-foot flatbed truck and filled it with close to a hundred sandbags to take to Clarence-Rockland. He said no one was paying him to do the work, but he felt he needed to be there.

"You can see all these people are out here, so I got to be out here too," he said.

Persistent rain plagues the country

Across the country, thousands of Canadians are spending the weekend in a desperate struggle with rising floodwaters caused by unusually persistent rainfall.

Montreal is the latest city in Quebec to declare a state of emergency after three dikes gave way in the Pierrefonds-Roxboro borough, in the north end of the city by the Rivieres des Prairies. Montreal Mayor Denis Coderre said homes have been evacuated in that borough as well as on the two nearby islands.

Public Safety Minister Ralph Goodale said Sunday that the military response to flooding in Quebec is likely to balloon.

"At the moment, since yesterday, there are 450 Canadian forces personnel on the ground in various locations across Quebec," Goodale told CTV's "Question Period."

"The expectation is that by the end of the day today that number will likely have tripled as the Canadian forces add more and more resources to assist the civilian authority in Quebec."

West of Montreal, the small town of Rigaud issued a mandatory evacuation order Sunday and a state of emergency has been in place for several days.

In Atlantic Canada, some parts of New Brunswick recorded more than 150 millimetres of rain after a nearly 36 hour non-stop downpour.

A weather station northeast of Saint John, N.B., measured 155 millimetres of precipitation from late Friday to early Sunday. New Brunswick's St. John River is also spilling its banks, prompting several road closures.

In British Columbia, rain combined with warm temperatures have accelerated the melting of the snowpack, which has resulted in flooding and mudslides throughout the province. THE CANADIAN PRESS

HEALTH

Province to fund safe injection site, but summer opening unlikely

As Ottawa's opioid crisis grows, the proposed Supervised Injection Site (SIS) in Sandy Hill has cleared another hurdle.

The Ontario government confirmed in the budget released April 27 that it will fund the site, as long as it gets approval from the federal government.

Rob Boyd, Oasis program director at the Sandy Hill Community Health Centre, where the SIS will be housed, said they are still in negotiations with the province and have not yet nailed down the exact capital and operating costs.

"We are very concerned about this recent spike in overdoses. We don't think it's an

anomaly. We think it's very likely the way things are going forward now," he said.

But, Boyd said, it is looking less likely the site will be able to open this summer because the community health centre will have to do some renovations and hire and train specialized staff before they can open it.

"Everybody is working together as quickly as possible on this and I think everybody is motivated to get this thing up and running as quickly as possible," he said.

Supervised Injection Sites, also know as safe injection sites, or safe consumption sites, operate under a federal exemption of the Controlled

Drugs and Substances Act. Getting that exemption currently requires the site to meet 26 criteria, though the Liberal government has introduced a bill to streamline the process.

The community centre's application is being processed under the current system. As of the latest update in March 2017, Health Canada has ad-

vised them the application contains "sufficient information to move to a more formal review."

"The final exemption won't be granted to us until after we have built the space," he said, but added showing the site will be fully funded is one of the key components of getting approval. ALEX ABDELWAHAB/METRO

metr

NEWS Ottawa



Inside a climate-controlled vault in Gatineau are the makings of what could be a national portrait gallery.

Sir Winston Churchill's trademark scowl is here, so is the penetrating gaze of Major General James Wolfe.

But inside Library and Archives Canada's preservation centre in Gatineau, in climate controlled, highly secured vaults there are other faces of Canada's history.

There are 1890s immigrants hoping to enter Canada, the Dionne quintuplets, the oldest photographic image of an Indigenous person and the art collection of former prime minister William Lyon Mackenzie King.

These items, along with 20,000 paintings and four mil-



Included are this calendar image of the Dionne quintuplets and the painting used to create it. RYAN TUMILTY/METRO

lion photographs, are the available collection for a national portrait gallery if Canada ever decides to open one.

Public Services and Procurement Canada are to announce

later this year what they will do with the long vacant building at 100 Wellington St., across from Parliament Hill — once proposed as a portrait gallery.

A public survey done last fall rated the gallery first, but attracted responses mostly from the capital region. When the survey was reweighted to reflect Canada as a whole, the gallery drops to fifth out of six choices.

Despite those results, 55 Canadian senators signed an open letter last month endorsing a gallery.

"In terms of cultural life and national life, stories matter," said Sen. Doug Black. "There is no better way to tell a story than through a picture."

Madeleine Trudeau, a curator and archivist with Library and Archives Canada, said by "historical accident" the gallery tells a wide encompassing story.

She said that album of immigrants from the 1890s can tell you a lot about Canada's past.

"We don't know who they are, but no one would argue that they're not extremely important for understanding the history of our country."

One photo shows a young man with a serious leg problem.
"He wasn't allowed into the

"He wasn't allowed into the country."

MacKenzie King's art collection holds some of the archives oldest paintings.

"He collected portraits and we prese r ve the seitems because they tell us a lot about that prime

minister."

The archive lends its collection out regularly to museums across the country.

The Glenbow museum in Calgary will have a regular ex-

This 1841 locket is one of over 200 ivory portrait miniatures in the collection.

Monday, May 8, 2017

hibit over the next five years, but that will only begin to scratch the

METRO

surface.
Trudeau said most of what the archive holds and carefully preserves never sees the light

preserves never sees the light of day. "The vast majority of the col-

lection stays here.'



4 Monday, May 8, 2017 Ottawa Metr

NEWS

All things bonito in Mexico

EXHIBITION

Cultural display held on Cinco de Mayo as part of event series



Haley Ritchie Metro | Ottawa

Cinco de Mayo in Ottawa was extra authentic this year at Lansdowne's Horticulture Building, where the Mexican embassy was showcasing art, food and culture as part of Ottawa Welcomes the World.

The event series involves almost 50 different countries hosting weekends until December, including Kenya, Poland, Cuba, India and Japan Mexico's weekend, from May 5 to 7, was the fifth event so far this year.

"The idea is to celebrate the 150th anniversary of Canada," said embassy press attache Oscar Mora. "We wanted to participate. It's a great idea by Jim Watson to organize the event and involve the international community in the celebra-



Mexican sculptor Jacobo Angeles, from the Oaxaca region, demonstrates his carving artistry on stage at the Ottawa Welcomes the World event on May 7. HALEY RITCHIE/METRO

tion, so we wanted to take that opportunity."

Mora said that in 1960, Canada offered a gift to Mexico to celebrate their 150th anniversary, so the ambassador wanted to return the gesture.

The event was busy despite the heavy rain all weekend, with an estimated 12,300 people having attended by Sunday afternoon.

Mexico's ministry of tourism led the organizing of the event, and 15 different Mexican states contributed people and art for the multimedia experience, which included dance, crafts, music, photography, carving and food demonstrations.

"The idea is to experience Mexico. To experience all the riches that Mexico has to offer, the food, the culture, the different art and craft and expressions that the country has," said Mora.

"The idea is to have a small

The idea is to experience Mexico.
To experience all the riches that Mexico has to offer.

Oscar Mora

trip to Mexico while you're still in Ottawa — then, if you're interested, maybe you can even book a flight and get to know it."

Melissa McGuirk attended on Sunday with her mother, eight-month-old Connor and five-year-old Claire. McGuirk said her daughter was given a "passport" in school, which is how they found out about the event. The family shared beef tacos, quesadilla, chips and guacamole for lunch — and some adults-only tequila. Their only suggestion was moving it to an even larger venue.

"The food was great; everything is beautiful. It's awesome that the city is putting this on," said McGuirk.

The next event will be a oneday celebration put on by the embassy of Haiti on May 17. **EMERGENCY SERVICES**

Two fires in city over weekend

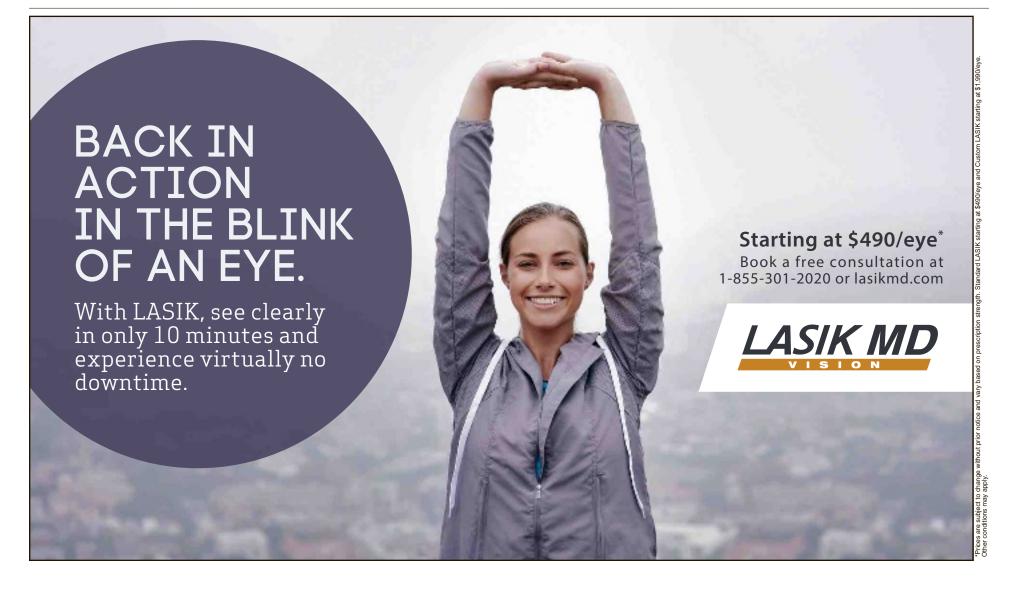
An overnight fire on Saturday at 2789 Springland Dr. has left three adults temporarily homeless, while a unit was destroyed by a blaze at 1053 Merivale Rd. on Sunday.

Fire services received multiple 911 calls for smoke and fire visible from a garage attached to a two-storey home near Mooney's Bay. Firefighters had the main fire under control around 2 a.m. The blaze was fully extinguished before 3 a.m.

There were no injuries but the fire caused an estimated \$75,000 in damages. Three adults living in the home have been displaced, along with two cats.

Firefighters were called to a second fire on Sunday morning at 1053 Merivale Rd. at 6 a.m., with smoke coming out of a unit on the building's third floor. The fire was extinguished in less than an hour, and no one was injured.

A fire-services investigator is still determining the cause. HALEY RITCHIE/METRO



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HUDSON'S BAY

Update: Aid efforts

A new liver gives a new life to three-year-old



Chatha Metro | Calgary

Three-year-old Greta Marofke's been given a new liver, and a new lease on life.

Greta had hepatoblastoma, a rare form of liver cancer, and was officially placed on the Cincinnati Children's Hospital's organ transplant list, after months of flying back and forth between Calgary and the Ohio city where she is being treated.

The cancer had previously been treated at the Alberta Children's Hospital, but when it returned, the family was told a transplant was not an option and palliative care was recommended. Unwilling to give up, the family found an expert in Cincinnati to perform a transplant.

According to an early Sunday morning Facebook post on the Greta's Guardians page, the family was going through customs at the airport when they received a call that they had a new liver for her.

"We just left our baby in the OR to receive her new liver!" read a statement on the page. "She will come out of there at the end of today with a new liver and NO tumours! We are so sad



Three-year-old Greta Marofke has received given a new liver in Cincinnati, Ohio.

ELIZABETH CAMERON/FOR METRO

to think about the family who lost their baby yesterday but so thankful they decided to help give Greta the shot at life she deserves."

Hours later, a post on the page confirmed that Greta safely made it out of surgery, and will be monitored over the next few days.

Last week, the provincial PC party pressed health minister Sarah Hoffman as to whether or not the province would help pay for Greta's medical bills, which are estimated at upwards of \$1 million. Hoffman said the province is working with the family, but it is up to the Out-of-country Health Services Committee to make those decisions.

TECHNOLOGY

Uber opening research hub for driverless cars

group devoted to driverless car technology in Toronto, creating a third hub — its first outside the U.S. — for the company's ambitions in a frenzied field that Uber and its competitors believe will upend transportation, generating billions of dollars in the process.

The Advanced Technologies Group in Toronto will be led by Raquel Urtasun, a University of Toronto computer science professor who holds a Canada Research Chair in machine learning and computer vision. Urtasun uses artificial intelligence to make vehicles and other machines perceive the world around them more accurately and efficiently.

The group will hire "dozens" of researchers and engineers in the next few years, the company says. TORSTAR NEWS SERVICE

FOCUS ON FAMINE



In Dinsoor, Somalia, mothers and children await to be registered at a feeding program center. The program, operated by WFP, is focused on aiding pregnant women, babies and young children who require extra nutrition supplements. GETTY IMAGES

Moms helping moms

Campaign aims to aid those with kids in countries facing famine



Gilbert Ngabo Metro | Toronto

A trip to East Africa last fall changed Danny Glenwright's perspective on the famine crisis affecting millions of people.

The executive director of Action Against Hunger Canada was visiting various projects the charity group runs in the region, helping to build resilience in communities affected by food shortage and drought. That's when he realized the crisis was inflicting more burden to women and young

"You see moms walking miles

from across the desert with their babies," he said, describing a semi-nomadic lifestyle that forces people to move around searching for water. "It's shocking. There's just not been so much attention paid to some of these places and the issues they're facing."

His organization wants Canadian mothers to know about the plight of these women and to lend a helping hand. A new campaign, Care for Mom, is working with yoga studios and gyms across the country to drum up a "mother to mother" support.

Glenwright said the goal of the campaign is to introduce Canadian mothers to the issue of food insecurity that's affecting other mothers, and that they can make a difference.

The United Nations has already declared a state of famine in some parts of South Sudan, and has warned that three other countries - Somalia, northern



Danny Glenwright, executive director of Action Against Hunger, is helping lead a campaign to support mothers in countries facing famine. FDUARDO I IMA/METRO

Nigeria and Yemen — could soon fall into the same situation if humanitarian efforts are not increased.

Action Against Hunger already has mom-to-mom support programs in a dozen African countries, with older mothers helping younger ones in mater-

DETAILS

The United Nations

says it needs \$4.4 billion to avert the full-blown famine situation in South Sudan, Somalia, northern Nigeria and Yemen. As of mid-April, only \$984 million had been secured.

How you can help:

To learn more about the campaign and to donate, visit actioncontrelafaim.ca

nal self-care. The group also operates "baby tents" where displaced mothers can securely feed their newborns.

Glenwright adds the campaign is about sharing a sense of responsibility and support across borders and continents.

"This is just to say to Canadians: 'Look, they're moms like you on the other side of the world who are just struggling to take care of themselves."

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metr® NEWS | World Monday, May 8, 2017 | 7

'France has won'

ELECTION

Pro-EU Macron will be nation's youngest ever president

Ripping up France's political map, voters elected independent centrist Emmanuel Macron as the country's youngest president Sunday, delivering a resounding victory to the unabashedly pro-European former investment banker and strengthening France's place as a central pillar of the European Union.

At a victory party outside the Louvre Museum in Paris, Macron supporters roared with delight at the news, waving red, white and blue tricolour flags. The jubilant crowd swelled to thousands as the night wore on.

"A new page in our long history is opening tonight. I want it to be one of hope and renewed confidence," Macron said.

Marine Le Pen, his far-right opponent in the presidential runoff, quickly called the 39-year-old Macron to concede defeat after voters rejected her "French-first" nationalism by a



Emmanuel Macron won the French presidential election on Sunday. GETTY IMAGES

large margin. Macron, in a solemn televised victory speech, vowed to heal the social divisions exposed by France's acrimonious election campaign.

"I know the divisions in our nation that led some to extreme votes. I respect them," he said. "I know the anger, the anxiety, the doubts that a large number of you also expressed. It is my responsibility to hear them."

The result wasn't even close: With four-fifths of votes counted, Macron had 64 per cent support to Le Pen's 36 per cent.

Le Pen's performance dashed

her hopes that the populist wave that swept Donald Trump into the White House and led Britain to vote to leave the EU would also carry her to France's presidential Elysee Palace.

Macron's victory marked the third time in six months — following elections in Austria and the Netherlands— that European voters shot down far-right populists who wanted to restore borders across Europe. The election of a French president who championed European unity could also strengthen the EU's hand in its complex divorce

proceedings with Britain.

"France has won!" Macron said in an address to supporters. "Everyone said it was impossible. But they did not know France!"

Saying Le Pen voters backed her because they were angry, he vowed: "I will do everything in the five years to come so there is no more reason to vote for the extremes."

Many French voters backed him reluctantly to keep out Le Pen and her National Front party, which has a long anti-Semitic and racist history. THE ASSOCIATED PRESS NIGER

82 Chibok girls freed

Five Boko Haram commanders were released in exchange for the freedom of 82 Chibok schoolgirls kidnapped by the extremist group three years ago, a Nigerian government official said Sunday, as the girls were expected to meet with the country's president and their families.

The confirmation of the prisoner swap came a day after the young women were liberated. The official spoke on condition of anonymity as he was not authorized to speak to reporters on the matter.

There was no immediate comment about the exchange from the Nigerian presidency or Boko



Some of the recently freed girls in Abuja, Nigeria. AP

Haram, which has links to Daesh. President Muhammadu Buhari's office said Saturday that "some" Boko Haram suspects in detention had been released for the freedom of the schoolgirls, but it did not give details.

THE ASSOCIATED PRESS

Police involved as Czech Girl Scout faces threats

The Czech Interior Ministry says that police are taking steps to ensure the security of a Girl Scout after a photo showing her confronting a neo-Nazi group went viral. The ministry's Center Against Terrorism and Hybrid Threats says the move was prompted by threats against 16-year-old student Lucie Myslikova that appeared on Facebook. THE ASSOCIATED PRESS



Lucie Myslikova talks to a protester last week.

. THE ASSOCIATED PRESS



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Monday, May 8, 2017

Your essential daily news

URBAN ETIQUETTE ELLEN VANSTONE



Dear Ellen,

I'm going to a close friend's wedding in June and he wants me to give the toast to the bride. I told him I have severe stage fright, but he insists. Is there a polite way to get out of it and still stay friends with him and his wife-to-be?

Thanks, Mr. Terrified

Dear Mr. Terrified,

You are in good company. According to the Internet, singers Lorde and Adele have both been known to throw up before going on stage. British actor Stephen Fry got so scared about performing in a play in London's West End in 1995 that he fled the country and ended up in Bruges, Belgium. He needed 17 years before he was ready to get back onstage. Another British acting god, Laurence Olivier, fought off paralyzing stage fright by standing backstage and furiously addressing the audience as "you bastards!"

I'm sure your stage fright is just as real as theirs, but there's no need to repeat such behaviours. If your stage fright is bad enough to make you vomit, want to flee the country or erupt in profanities, then the polite thing to do is tell your friend you can't toast the bride for medical reasons and then produce a doctor's note. Seriously, if you're that incapacitated, it wouldn't hurt to see someone and talk about it.

But if it's just normal performance anxiety, which most human beings have in one form or another, then you have to

THE QUESTION Can I refuse to give a wedding toast if I am truly too shy?



swallow your pride and do it anyway.

It doesn't matter if you're tongue-tied, awkward and bound to make a fool of yourself. People love that kind of disastrous display at weddings. And no matter how ridiculous you look or feel, the speech itself can still be a resounding success.

All you need to do is prepare. Write your speech ahead of time and practice delivering it. If you don't know what to write, ask

for help from a witty friend who also knows and loves the bride and groom, or use a professional wedding speechwriter, which you can find online at weddings.ca or any number of other websites (it's a growing business, which only proves my point that this is a very common problem). Look at samples of their work and make sure they fit your budget. If you decide to use someone, and they're any good, they'll interview you about your relationship to the

couple and draft something you can deliver with pride.

Finally, here's the advice I give myself when I'm nervous about speaking to a group: "It's not about you, you narcissistic idiot! Stop thinking about yourself, and stick to the material!"

Rather rude, but as long as you restrict it to quiet, personal use, you are most welcome to it.

Need advice? **Email Ellen:** askellen@metronews.ca

VICKY **MOCHAMA**

Do black female writers feel valued in Canadian media?

As a black female writer, the decision by journalist and activist Desmond Cole to leave the Toronto Star's opinion pages has left me thinking.

In his blog post, Cole wonders if other black writers in Canada will have a chance

Specifically, he shouts out black women. As he told me by phone: "There are more barriers for them than there have been for me."

I asked a few black female writers whether they felt they could work in Canadian media.

"Honestly, I feel like I can but I also feel I have to censor myself a bit, you know?" said Brnesh Berhe, a writer from Edmonton.

Septembre Anderson, a former journalist, didn't feel like she could at all: "I've realized that there is only space in Canadian media for moderate black men journalists and have moved on to greener pastures."

The ones who are sticking with journalism aren't hopeful about Canadian media. "I think that Canadian media particularly doesn't value racialized writers," said Brittany Amofah, "We're disposable or used for a particular thing/column. But not perhaps as an ongoing voice.'

Many of them spoke on the pressure to be a capital B black voice. I know I waver between resisting it and taking advantage of the opportunities I'm given, even when they're racialized.

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"Canadian media was too white and marginalizing. When they did want me to write it was always really in a way that pigeonholed me as 'a Muslim woman," said Sarah Hagi, a writer for Vice Canada. Hagi is one of the few black women who has a job in media, but she credits American publications for her freelance work.

Amani Bin Shikhan said, "There are unspoken assumptions that come with the territory of being a culture writer who also happens to be a black, Muslim woman, but it's in Canadian media that I feel those limitations on what I can say — and how I can say it — most."

These are some of the subtle

and overt ways that anti-black racism works.

It's the pressure to lower one's voice. It's having your platform shrunk. It's the shifting sands on which one is meant to build. It's in picking between work you love and doing what is right.

Cole's treatment at a publication I have trusted and the experience of brilliant black women leave me with unease. My question isn't so much if black — and racialized – writers in Canada will get the space to be a multiplicity of identities.

That I am one of a few black writers with a large platform is not a credit to me. It's an indictment of an industry that does not value black voices.

My question is: Can someone tell me how many of us are allowed in?





Philosopher cat now at

METALIFE



Your essential daily news

End of "sequel-itis?" Guardians of the Galaxy Vol. 2 debut is more successful than the original

Cultural slights in the spotlight

ART

Indigenous groups say appropriation is an old battle

The work of Toronto painter Amanda PL is infused with bright colours and bold outlines often associated with an Indigenous art style.

But for many of those familiar with the Woodland School of Art, as the genre is also known, it smacks of cultural appropriation by a young artist with no claim to the tradition.

Outrage over Amanda PL's work has renewed debate over who has the right to use and profit from specific customs.

It's a decades-old problem that is only gradually being understood in a field where ideas and images are continually borrowed, traded and reinvented, say observers.

B.C. lawyer Vanessa Udy says the broader public seems to be becoming more sensitive to possible cultural slights.

But the onus of identifying them falls on the person who finds it offensive, and that can be difficult to determine and articulate at times.

There's no easy formula to apply when feelings are hurt — Udy notes each case requires a nuanced evaluation.

"Is it a person from a group who is in power over a group that is more dispossessed? Does the commodification of their culture put down their culture? Will it create negative stereotypes in the eyes of others?" explains Udy, an intellectual property lawyer who returned to school after seven years of practice to study aboriginal law.

"That's part of the problem of cultural appropriation, and why people don't always seem to get it is because it is an intellectually demanding process to go through in analyzing each case."

The Toronto gallery that planned to exhibit Amanda PL's work was quick to cancel when two complaints came

in, says co-owner Tony Magee, who adds he's now fielding complaints from those angered

by the cancellation.

"We didn't make our decision (to cancel) out of political correctness. We didn't do it as caving to pressure. We did it because we opened our eyes," says Magee, whose shop opened in January.

"It's really offensive to have people accuse us of caving in and not being willing to stand up for what we believe in. Well, we are standing up for what we believe in."

Amanda PL has said her work was inspired by the Woodland school and has acknowledged a similarity to the work of Anishinaabe artist Norval Morrisseau.

The problem for many is that she's white, and seems to have made no effort to consult with the Anishinaabe community even after vociferous protest.

The flap follows an uproar at the Whitney Biennial last month, when Brooklyn, N.Y.based artist Dana Schutz came under fire for her abstract painting Open Casket.

It depicts the mutilated face of lynching victim Emmett Till at his 1955 funeral. The work sparked outrage among several African-American artists offended that a white woman would tackle the subject, especially since it was a white woman whose unfounded accusations led to Till's murder.

The Whitney has refused to remove the painting, saying the museum provides a platform to explore critical issues.

But the difference here is that Schutz created the work as a reaction to last year's Black Lives Matter protests, notes Magee. She has also said she has no intention of selling it.

There's certainly room for culture to be borrowed, shared and reinvented, says the man in charge of Indigenous art at the National Gallery of Canada.

"Knowledge of cultural tenets and beliefs move back and forth across cultures through history. That's probably a good Toronto artist Amanda PL's work (right) and Noral Morrisseau's painting Androgny, which hangs in the ballroom at Rideau Hall in Ottawa (above).

Amanda PL has acknowledged that her work bears a similarity to that of Morrisseau's.

For those steeped in the Woodland School of Art, as the genre is known, Amanda PL's work smacks of cultural appropriation by a young artist with no claim to the tradition.

THE CANADIAN PRESS/ TORSTAR NEWS SERVICE

Chica Til Presson of

thing," says Greg Hill, who is of Mohawk descent and from the Six Nations of the Grand River Territory.

"It becomes a problem when things are borrowed or taken and they're used out of context or they're misunderstood, they're not understood and they're unknowingly or purposefully used in an inappropriate way."

He points to strict rules within various cultural groups about who can do what, and who has the right to inherit stories and imagery.

"These things are passed down from generation to generation. It's really ignorant to just come in and take something and not acknowledge when it's being pointed out to you that there might be a problem with what you're doing," says Hill, senior Audain curator of Indigenous art.

He points to the collaboration between Métis artist Christi Belcourt and the fashion house of Valentino as one example of how things can go right. The Italian designer incorporated images from one of Belcourt's paintings into his 2016 Resort line, which included shorts, halter tops and dresses.

"She was contacted. She was compensated and credited," says Hill.

This debate is not new.

Fashion designer Marc Jacobs was forced to apologize last September after ending New York Fashion Week with a runway show of models in wigs that looked like dreadlocks.

Just last week, the creators of a series of costumes planned for the Toronto Caribbean Carnival apologized for incorporating headgear styled after sacred Indigenous headdresses.

Udy, currently preparing an article on the issue for the French language publication Revue l'Argument out of the University of Ottawa, says there are no legal mechanisms outside of copyright and intellectual property to deal with such a grey debate.

But even those guidelines can be problematic.

"These laws are reflecting what are really colonial values or western values," she says.

"So what's worthy of protection is something new, novel, creative, something commodifiable that is going to bring money to the artist. Whereas we don't recognize these ancient, sacred forms of art as something worthy of protection."

Culture critic Jesse Wente, who is Anishinaabe, says society and media have become more inclusive, which may be why we seem to see transgressions being called out more often.

He found it unique that the gallery shut down Amanda PL's show. But he links the case to a continuum of colonialism and Canada's history with Indigenous people, noting appropriation was "state sanctioned in Canada for decades."

THE CANADIAN PRESS



It's really ignorant to take something and not acknowledge when it's being pointed out that there might be a problem with what you're doing. Greg Hill 10 Monday, May 8, 2017 Culture Metr@LIFE

Pet insurance handy for some

PERSONAL FINANCE

But owners divided over worth of monthly fees

Monica Finlay's childhood yellow Labrador, Amy, had a few surprise accidents that cost her parents a lot of money.

"She blew out her ACL and that was really expensive," Finlay says. "Then, right at the end of her life, she blew out her other ACL"

That experience is partly why she and her husband have been spending \$45 a month for pet insurance since they got their German shepherd mix, Ozzie, about six years ago.

Pet insurance plans cover some veterinary costs, but pet owners are divided on whether they're worth it.

Medical costs over an animal's lifetime can be steep.

Cats cost their owners at least \$100 a year, while dogs cost at least \$200, according to the British Columbia Society for the Prevention of Cruelty to Animals. Those numbers only cover routine visits and don't take into account emergencies, which can add up to thousands of dollars.

Monthly fees vary depending on factors such as the animal's breed, age and location, as well as what the plan covers. Owners can choose from accident, illness and wellness coverage, which covers the routine visits most plans don't.

Plans often have a combination of a maximum payout amount each year, a deductible (an amount the owner must pay before the insurer pitches in) and a co-pay (a percentage of the bill the owner is responsible for). Many plans won't cover future costs for pre-existing conditions.

Fees vary. But the average yearly cost of insuring an adult cat for accident and illness coverage with Pets Plus Us, for instance, is \$370, while for a dog the cost nearly doubles to \$734.

It's estimated only about one to three per cent of all domestic cats and dogs in the country have some type of insurance, like Finlay's dog Ozzie.

Finlay says insurance has covered Ozzie's roughly \$2,500 of annual medical costs since they



Monica Finlay, seen hanging out with her dog Ozzie in Guelph, Ont. has been spending \$45 a month for pet insurance since they got their German shepherd mix. THE CANADIAN PRESS

discovered he has allergies to about 22 things, including beef, chicken and wool.

"It would have been really cost prohibitive to keep him if we didn't have pet insurance," she says, adding the insurer pays 90 per cent of those costs save for a one-time \$500 deductible.

But not all pets need such expensive, ongoing care and the monthly fees could add up to more than what the insurer needs to pay.

Michelle Van Dyk-Houghton chose not to insure her dog Brooke or her cat Ginger after weighing the monthly cost of insurance versus the potential savings. Instead, she and her husband set aside \$100 to \$200 a month for animal care and draw on those funds when needed.

"If we don't need it, then it's money that we still have," she says.

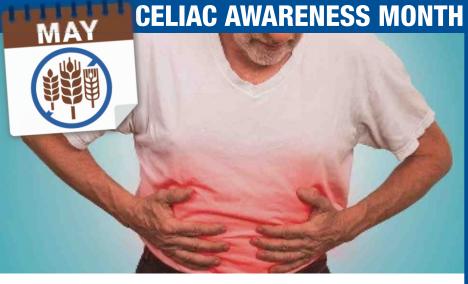
Not all pet owners are able to take out insurance though.

When Marli Vlok's first guinea pig fell ill with what she believes was fibrous osteodystrophy, a metabolic bone disease, she paid more than \$900 for Ember's teeth to be trimmed three times and about \$700 for a visit to a specialist. She looked into pet insurance for her other guinea pigs, but couldn't find a plan that would cover them.

Vlok routinely shells out between \$40 and \$70 for vet visits and has paid about \$300 for two sets of X-rays for Onyx.

She says she keeps about \$500 on hand for vet purposes at all times, but would prefer to pay for insurance. "They're one of those pets that you have a very good chance that they'll be absolutely healthy," she says. "But when things go wrong, it's expensive wrong."

THE CANADIAN PRESS



Abdominal pain? Excess gas? Bone density issues? Anemia?

It could be celiac disease.

Over 300,000 Canadians have celiac disease, but the vast majority remain undiagnosed.

You deserve to live in good health. Ask your doctor for the celiac blood test.

Canadian Celiac Association – Ottawa Chapter 613-786-1335 • info@ottawaceliac.ca • ottawaceliac.ca



"Something happened to my family last week," Jimmy Kimmel begins his monologue, his voice breaking. He relates how his baby son Billy was born April 21 with a heart disease and needed costly emergency surgery. He's uncharacteristically emotional.

He concludes with a plea for universal health insurance: "If your baby is going to die and it doesn't have to, it shouldn't matter how much money you make. No parent should ever have to decide if they can afford to save their child's life." The audience applauds.

"Let me introduce you to the Tiffany Way," Stephen Colbert begins his monologue. "When you insult one member of the CBS family you insult us all." He objects to how Donald Trump insulted journalist John Dickerson in a TV interview. It's uncharacteristically angry.

"You're turning into a pricktator," Colbert addresses Trump. "You attract more skinheads than Rogaine. The only thing your mouth is good for is being



Late Show host Stephen Colbert steps out of his normal persona to warn viewers about the dangers of Trump's policies.
RICHARD BOETH/CBS VIA THE ASSOCIATED PRESS

Putin's c— holster." The audience gasps.

I don't think it's mere coincidence that both hosts broke character on the same night — which happened to be the 102nd day of Donald Trump's presidency. With the "first 100 days" hoopla over, grim reality had settled in.

The policies Trump is pursuing threaten people's human rights, their health and the planet (via climate change and

nuclear war). And he's undermined the news media successfully enough that reporting these dangers has become difficult.

In very different ways, these two men stepped out of their normal personas to warn their viewers: This is no laughing matter.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday. metr@LIFE | The New Farm Monday, May 8, 2017

Canadians spring for asparagus

FRESH HARVEST

Nutrient rich, abundant crop is an industry success story

Owen Roberts Urban Cowboy



Odds are the fresh Ontario asparagus you now see in stores — the first stock of the season — is tasty Guelph Millennium. It's become a popular local food, a made-in-Ontario success story, credited by farmers for breathing life into what's become a \$30-million crop.

"If not for Guelph Millennium, we would not have a viable industry in Ontario today," says Bernie Solymar, executive director of the Asparagus Growers of Ontario. "That's the bot-

May is shaping up to be a great month for asparagus, Ontario's earliest commercial field crop. Warm spring days have arrived, and varieties such as Guelph Millennium are leaping out of the ground.

In fact, once asparagus breaks through the soil, farmers say you can actually sit and watch it climb skyward. Indeed, it can grow as much as 25 cm in a single day.

When it reaches its peak, about two weeks from now, farmers will have their hands full — literally, because they harvest the crop by hand, with a knife. It grows so fast that on hot days they have to cut it twice a day.

But they really don't mind. It's money in the bank.

To farmers, a crop's output, called "yield," is vital. To stay afloat, farmers have be profitable. One way they do it is by growing high yielding crop

For asparagus farmers, that's









The asparagus you are cooking this week was probably grown, harvested and prepared similar to the way Charles Welsh (top right) does at Welsh Bros. Farm near Scotland, Ont. MAIN PHOTO ISTOCK, ALL OTHER PHOTOS LANCE MCMILLAN /FOR METRO

FARM *links*

More about asparagus online

Recipe ideas using asparagus

asparagus.on.ca/recipes

Where to buy asparagus seed asparagus.on.ca

■ Where to buy local asparagus

asparagus.on.ca/buy-local

■ Take our poll

In addition to being healthy and abundant, asparagus can be part of a variety of dishes. What is your favourite way to cook asparagus? Visit metronews.ca to weigh in. where Guelph Millennium comes in handy. Its yield per acre is double that of older asparagus varieties. That makes growing asparagus attractive to farmers.

In fact, in Ontario, acreage has increased to 3,400 acres up 700 acres in just the past four years. And Guelph Millennium comprises 100 per cent of the new asparagus plantings in the province.

There's more. The same Guelph Millennium plant can be productive for more than 15 years. That's about twice as long as competitive varieties. Plus, it doesn't buckle when the mercury dives. Guelph Millennium is now grown as far north as Saskatoon. And thanks to Fox Seeds, Ontario asparagus growers' own brand, Guelph Millennium is even being registered for farmers in chilly Russia.

But while field performance is an important part of the Guelph Millennium story, there are other reasons it's a superstar variety, too.

First, it's high in vitamins such as folic acid, potassium, thiamine and B6. It's a decent source of fibre. And it's low in calories and sodium.

As well, in a happy coincidence, a study showed Guelph Millennium is blessed with significantly higher levels than any other asparagus variety of an antioxidant called rutin, also found in buckwheat, onions and black olives.

In the gut, bacteria convert rutin to a beneficial antiinflammatory compound called quercetin.

Studies by former Guelph nutrition researcher Dr. Krista Power, now with the University of Ottawa, revealed that even at very low levels, rutin-rich

Guelph Millennium had extraordinary benefits. For example, it helped laboratory mice heal from intestinal damage caused by colitis, a condition that contributes to inflammatory bowel disease (IBD).

Power is hopeful that further testing will show Guelph Millennium can similarly help humans suffering from chronic diseases such as IBD.

"I've profiled many different food-types for their ability to help ease IBD, and I believe rutin-rich asparagus like Guelph Millennium could be a super food for gut health," she says.

Guelph Millennium was developed with support from the Ontario asparagus industry, and from the Ontario Ministry of Agriculture, Food and Rural Affairs. Happy harvesting, and here's to healthy eating.

FACTOIDS of **FARMING**

Tasty in any colour

When asparagus surfaces each year, it turns green once it's exposed to sunlight, thanks to photosynthesis. Farmers can disrupt that process by mounding soil on top of it, as it starts to shoot through the ground. Depriving the plant of sunlight causes it to stay white. Besides green and white asparagus, some markets also feature asparagus with a gene that makes it purple.

What's that smell?

If your pee smells odd after eating asparagus, pat yourself on the back. The Asparagus Farmers of Ontario say the smell comes from

> "sulfurous amino acids" that are released from the vegetable during digestion, which only one quarter of people can smell. If you sense a funny fragrance, it says, "That means you're not only normal, you have a good nose."

> > Owen Roberts is an agricultural journalist at the University of Guelph. Follow him on Twitter at @ TheUrbanCow-

Are there antibiotics in meat?

I'm curious and a bit confused about the labels around antibiotics and food lately. I figured the best place to start is to ask a farmer why they even use antibiotics.



It's a simple question with lots of complicated answers.

I work hard caring for my animals, which includes keeping them healthy. A veterinarian can prescribe antibiotics if sick chickens need treatment, but that's rare. If we do have to treat, we follow strict withdrawal times to ensure no residues are in our meat. My family eats the same food yours does and we take our commitment to caring for chickens and producing healthy, affordable food seriously.



Andrea Veldhuizen Chicken Farmer, Niagara Region

Michelle Jaelin Registered Dietitian, Toronto

Senators back in driver's seat but must kill off series

SENATORS-RANGERS
Murray
Pam
FOR METRO

After two dreadful performances at Madison Square Garden last week, the Ottawa Senators have an opportunity to right the ship after a stunning come-frombehind overtime victory on home ice Saturday.

Leading three games to two, the Senators can close out the Eastern Conference semifinal with a win versus the Rangers Tuesday.

The Senators have been outplayed for large portions in the series. However they've found ways to win.

Through five games, the Rangers have led for 173 minutes and 56 seconds compared to the Senators' 13:10. While these totals appear to be extremely lopsided, and they are, the fact is the Blueshirts have blown seven leads, including three in Game 2 and two in Game 5.

The Senators have scored twice with six attackers on the ice. Jean-Gabriel Pageau and Derick Brassard sent games into overtime.

The stats bear out. The usually consistent Craig
Anderson is having a subpar playoff round. The
Senators goalie has a .898 save



Senators defenceman **Erik Karlsson and Mats Zuccarello** of the Rangers battle for a loose puck on Saturday at Canadian Tire Centre. The Swede has been playing through injury but assisted on the tying and winning goals. Jana Chytilova/Freestyle Photography/Getty Images

percentage and 3.30 goalsagainst average. The good thing is Anderson comes up with the key save when the game is on the line. Tied 3-3 Saturday, Anderson stopped a Chris Kreider breakaway and a one-timer by Mats Zuccarello. The Illinois native even caught Jimmy Vesey's swipe at the puck, before it was determined his trapper was behind the goal-line.

Several Senators have battled injuries throughout the post-season, none more so than Erik Karlsson. At the conclusion of the first round, the captain acknowledged skating with two hairline fractures in

his left heel. With the exception of Game 4, where he was removed for precautionary reasons prior to the start of the third period, trailing 3-0, Karlsson has been his typical all-star self. The defenceman has five points in five games, including assisting on the tying and winning goals Sat-

7

The number of leads the Rangers have blown this series.

urda

The Senators are also the beneficiaries of a flawed playoff system. The team completed the regular season campaign with 98 points. The Rangers earned 102. Since the Rangers finished fourth in the Metropolitan Division, they landed a wild-card position; with that came a lower seed. The Senators landed home-ice advantage by finishing second in the Atlantic.

Unfair or not, each club has held serve at home. And for an unknown reason Rangers netminder Henrik Lundqvist hasn't fared well at the Canadian Tire Centre. In the three games to date at the CTC, Lundqvist has allowed 13 goals on 114 shots (.886 save percentage) with a paltry 3 61 GAA

The Rangers have opened the scoring in all five games of the series. In essence, they've shot themselves in the foot for failing to hold leads.

Now it's the Senators who have a shot of advancing to the conference final Tuesday.

2017 PLAYOFFS
CONFERENCE SEMIFINALS

Predators advance to first West final

Ryan Johansen scored the game-winning goal 3:15 into the third period, and the Nashville Predators advanced to their first Western Conference final in franchise history Sunday by beating the St. Louis Blues 3-1 to take the series in six games.

The Predators won their ninth straight playoff game in Nashville going back to last postseason

Goalie Pekka Rinne made 23 saves and had an assist. Roman Josi had a goal and an assist, and Calle Jarnkrok added an empty-netter with 60 seconds left. Nashville will play either Anaheim or Edmonton.

Paul Stastny scored for St. Louis, which fell short of a second straight conference final.

The Blues scored first for a third straight game but couldn't hold off the Preds.

THE ASSOCIATED PRESS

GAME 6 In Nashville



IN BRIEF

MacKinnon tricks Slovenia for Canada at worlds in Paris

Nathan MacKinnon scored a hat trick to lift Canada to a 7-2 win over Slovenia at the world hockey championship on Sunday.

The win at AccorHotels Arena in Paris improved Canada's record to 2-0.

MacKinnon also added an assist while Colorado Avalanche teammate Tyson Barrie had a goal and three assists. Brayden Point, Mitch Marner and Jeff Skinner also had goals for Canada while Travis Konecny added three assists. THE CANADIAN PRESS

Arsenal keeps top-4 dream alive with win over United

Arsene Wenger got the better of managerial rival Jose Mourinho for the first time in a competitive game as Arsenal beat Manchester United 2-0 in the Premier League on Sunday to keep alive its Champions League qualification hopes.

Granit Xhaka, with a deflected shot, and former United player Danny Welbeck, with a bullet header, scored goals to end United's 25-match unbeaten run in the league.

THE ASSOCIATED PRESS

NBA PLAYOFFS

Raptors swept aside by cruising Cavaliers



LeBron James, right, covers
DeMar DeRozan on Sunday.

NATHAN DENETTE/THE CANADIAN PRESS

The Toronto Raptors' season has come to an end — but they didn't go down without a fight.

Serge Ibaka scored 23 points, while DeMar DeRozan added 22 and the Raptors took Cleveland to the last few couple of minutes before dropping a 109-102 decision to the Cavaliers in Game 4 of their Eastern Conference semifinal series.

It was the first playoff sweep for Toronto since the opening round against Washington in 2015. The Cavs, who dispatched the Raptors in six games in last season's Eastern Conference

GAME 4 In Toronto



final, became the first team ever to start 8-0 in the playoffs in back-to-back seasons.

Cory Joseph, who started for

the second straight game in place of injured Kyle Lowry (ankle), had 20 points and 12 assists, while P.J. Tucker finished with 14 points and 12 rebounds.

LeBron James had 35 points to top the reigning NBA champion Cavs, while Kyrie Irving had 27 and Kyle Korver finished with 18.

Hoping to stave off elimination, the Raptors were more aggressive from the start than they'd been all series. They were making shots, the Cavs were missing, and Toronto went up by 11 points — their highest lead of the series. THE ASSOCIATED PRESS

— — MAKEITTONIGHT— — —

Decadent Chocolate Raspberry Smoothie



Ceri Marsh & Laura Keogh For Metro Canada

The classic pairing makes its debut in your morning smoothie making it a decadent but healthy way to start the day.

Ready in 10 minutes

Prep time: 5 minutes Cook time: 5 minutes Serves 2

Ingredients

- •1 cup frozen raspberries
- 1/2 cup frozen strawberries

- 1.2 cup chocolate almond milk • 1/4 cup milk
- 1/4 cup plain Greek-style yogurt
- •1 Tbsp maple syrup
- •1 Tbsp chocolate chips or cacao nibs

Directions

1. Place all the ingredients in your blender and whiz until smooth.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

 Peppery salad herb, Garden _ 6. _-daisy 10. _ seeds (Health food store purchase) 14. Ms. Kelly of "Friday Night Lights" 15. "You gotta be kidding!" 16. Hamilton's Village 17. Canadian drama which starred Nicholas Campbell as a Vancouver coroner: 3 wds. 20. Scrape, as spoken sound 21. Muffins-making milieu 22. Excessive 23. Rice dish 25 Dishes desudsing-izer 26. Presentation-giver's device, _ pointer 29. Mistaken-for-awolf animal 31. Open a gift 33. Mouse's lab pal 34. Certain chordophone 38. Comic actress Ms. Gasteyer 39. Made a witty remark 42. "Video Games" singer, Lana Del _ 43. Mail org. in The States 45. Martial Art, _ Chi 46. Subdued 48. Charles or William or Harry 51 Mr Millan aka The Dog Whisperer 52. Backstreet Boys member A.J. 55. Characteristics of walruses

20 38 43 63

57. In the lead 58. Gigantic 59. Gull-like bird 63. Indigo and Coles in Canada: 2 wds. 66. Coastal bird 67. _ Sound, On-68. Calgary neigh-

bourhood

69. Television producer Norman 70. "If all _ fails..." 71. Painter's artwork base

DOWN

1. RCN rank 2. Music trade org. 3. E-Mails eliminate the need for 'em 4. "Gilligan's Island" role, with The 5. _ Diego 6. 1951 mainframe computer 7. Emulate a fash-

ion model on a

shoot: 3 wds.

8. Washer cycle 9. Yearning 10. England's nicknamed connection to France 11. Minds 12. Put forth 13. Michaelmas daisv

a spreadsheet 19. Leave a job 24. Baghdad's country 25. Routines 26. Honolulu banquet 27. Ms. Jillian's 28. Exchange 30. Slang-style mouth 32. Russian leader Vladimir 35. Latin for 'city 36. Prefix meaning 'Trillion' 37. Observe 40. Sir McKellen 41 Wharf 44. Parliament Hill job, _ of the House 47. Telephone _ (What the caller left) 49. Vintage house heaters, for short 50. Playwright Mr. O'Neill 52. Silent movies star Ms. Normand (b.1892 - d.1930) 53. Lopping the lawn or doing the dusting 54. "Bleeding Love" singer Ms. Lewis 56. Li'l bit of "60 Minutes' 58. Wolf's wail 60. "The $_$ in the Hall" (Canadian sketch classic) 61. Some, in French: Quelques-62. "It should come _ _surprise that..." 64. Shoe part 65. Take it all

*** IT'S ALL IN THE STARS Your daily horoscope by Francis Drake**

Aries March 21 - April 20 This is a prickly Monday, so be cautious. Close friends and partners will surprise you by being moody or demanding, or wanting more freedom. Tread carefully!

Taurus April 21 - May 21 Your routine will be interrupted today by computer crashes, canceled appointments, power outages - something. Give yourself extra time so that you will have wiggle room to deal with this.

Gemini May 22 - June 21 This is an accident-prone day for your kids, so be vigilant. Social occasions might be canceled or rescheduled. Ditto for sports. Yikes!

Cancer June 22 - July 23 Small appliances might break down, or minor breakages could occur because your home routine will be interrupted. A surprise visitor might knock on your door. Stock the fridge.

Leo July 24 - Aug. 23 This is a mildly accident-prone day. Pay attention to everything you say and do. Keep your eves open to avoid a physic al accident or verbal gaffes.

Virgo Aug. 24 - Sept. 23 Keep an eye on your money today, because something unpredictable might happen. You might find money, or you might lose money. Your possessions might be stolen, broken or lost.

Libra Sept. 24 - Oct. 23 It's hard to predict what people will do today. And you feel the same way, which is why you might change your mind spontaneously today and take off in a new direction.

Scorpio Oct. 24 - Nov. 22 You feel restless today. You have the feeling like you're waiting for the other shoe to drop. Don't bother — it is invariably ugly and in the wrong size.

Sagittarius Nov. 23 - Dec. 21 A friend will surprise you today by saying or doing something unusual. Conversely, you might meet someone who's a real character.

Capricorn Dec. 22 - Jan. 20 Be careful when talking to bosses, parents and VIPs today, because things will not unfold as you expect. Do not be offended

Aquarius Jan. 21 - Feb. 19 Travel plans will change today - almost certainly. Doublecheck details, and make sure you know what's happening.

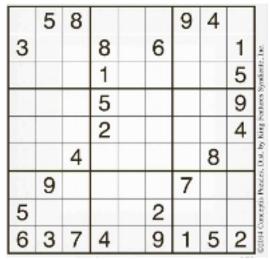
H Pisces

Feb. 20 - March 20 Agreements about shared property, taxes, debt and inheritances might suddenly fall through today or be changed. Stay on top of this so that you are not caught off guard. In a situation like this, information is power.

CONCEPTIS SUDOKU by Dave Green

18. Row's opp., as on

Every row, column and box contains 1-9





FRIDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and metronews.ca/games



~		-	~	-		~		_
6	5	4	2	8	9	1	7	3
9					4			
3	9	8	5	7	2	6	1	4
2	6	1	4	9	8	5	3	7
5	4	7	1	6	3	2	8	9
		5	8	2	6	7	9	1
7	8	9	3	1	5	4	2	6
		6	9	4	7	3	5	8





THERE'S A DREAM WE SHOULD ALL KNOW ABOUT.

A MAKE THE WORLD A BETTER PLACE KIND OF DREAM.

IN THIS DREAM, WE ALL GET TO WHERE WE WANT TO GO.

THERE ARE LESS LADDERS. MORE HELPING HANDS.

SUCCESS IS MEASURED DIFFERENTLY IN THIS DREAM.

HOW MUCH YOU MAKE A
DIFFERENCE IS MORE IMPORTANT
THAN HOW MUCH YOU MAKE.

AND PERSONAL EXPERIENCES ARE MORE VALUABLE THAN PERSONAL POSSESSIONS.

IN THIS DREAM, PEOPLE CARE ABOUT PEOPLE THEY'VE NEVER MET.

AND THE BIG IMPORTANT CHOICES ARE MADE FOR OUR KIDS' FUTURE, NOT JUST OURS.

YOU CAN SPEAK ANY LANGUAGE.

LOVE WHO YOU WANT TO LOVE.

EVERYONE IS WELCOME IN THIS DREAM.

THIS IS THE CANADIAN DREAM.

AND IT'S INSPIRING US TO FIND NEW ROADS AS A CAR COMPANY.

CANADIANDREAM.CA

